

**Dr. SHALINI RAJNEESH, I.A.S**  
Additional Chief Secretary to Government  
Youth Empowerment and  
Sports Department



Karnataka Government Secretariat  
Tel. Office : 22255827  
22032589  
Fax : 080-22252499  
Email: prs-yesd@karnataka.gov.in  
ysdsec@gmail.com  
2<sup>nd</sup> Floor, 2<sup>nd</sup> Stage, M.S. Building  
Bengaluru-560 001

DO Letter No: YSD 41 ACS 2022

16.12.2022

Dear Sir,

Yogathon-2022 is a project undertaken by the Department of Youth Empowerment & Sports, Govt of Karnataka to celebrate Yoga and its health benefits over an extended period of time and make it a life-goal for the Youth of Karnataka. This project was kicked-off on the last International Day of Yoga, on June 21, 2022 from Mysuru. As a culmination of this marathon project, it has been decided to hold a **Guinness World Record (GWR) event** for performing the largest number of Yoga-Asana(s) performed simultaneously across multiple locations in Karnataka. The Hon'ble Minister for Sports has given his consent to hold this GWR Yogathon event on Jan 15, 2023 across all District headquarters of Karnataka.

I am also pleased to inform you that the Annual National Youth Festival for this year will be hosted by the State of Karnataka from January 12 to 18, 2023 will be a part of this week-long celebration of Youth activities.

The Guinness World Record Agency has strict guidelines for holding world record events. We invite the NCC (Karnataka & Goa region) to actively participate and support in the organization of this seminal event of creating a World record. Some of the activities where NCC can play a pivotal role by contributing its cadets:

- **Guinness Event Steward(s): Volunteer for every 50 participants, they have to enforce adherence to Guinness event guidelines**
- **Guinness Event Witness(s): Yoga Instructors, one for every 200 participants, who will perform at the GWR venues and lead the Yoga-Asana performance of the participants**

Project Yogathon is a capacity building effort by training upto **10,000 Yoga Instructors and upto 10 Lakh volunteers**. We invite NCC to encourage Youth participation in this mega effort by active information dissemination across its wide network of associated schools, colleges and universities. Please find enclosed a note on the project and its benefits for the participating Schools, Colleges and Universities.

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M/s AYUSHTV has been appointed as a PrCB (personal certification body) of Yoga Certification Board (YCB), Govt of India under the aegis of the Project Yogathon2022 – and – they are the documentation and organization support partners of Dept of Youth Empowerment & Sports (DYES), Govt of Karnataka for this program. They will be coordinating with you with regard to the specifics of participation in the GWR event. ( For more details Kindly contact Mr.Tippeswamy, Deputy Director, Department of Youth Empowerment and Sports Mobile No: 94824 55663 and Mr Pratap Lingaiah, State NSS Officer, Mobile No. 97423 01000)

With warm regards,

Yours sincerely,



Air Cmde BS Kanwar, VSM,  
Additional Director General,  
National Cadet Corps  
Karnataka & Goa NCC Directorate  
Bangalore.